We provide tools and workshops through interactive training to help DEFINE, IDENTIFY, and TREAT major areas of concern for hospice and palliative care professionals.



We've trained thousands of professional and non-professional caregivers in areas of:

- Compassion Fatigue
- Building Stronger Relationships with Positive Energy
- Conflict Resolution
- Coping with the Holidays
- Trauma in the Workplace
- Understanding and Responding to Stress
- Understanding Nonverbal Communication



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> > 16185 SE Laurel St. Waukee, IA 50263 (515) 264-3407

# WANT <u>FREE</u> PROFESSIONAL TRAINING AT YOUR FACILITY?



Call (319) 389-2165 or email jcoyle@IowaCremation.com

to set up professional training with Dr. James Coyle. He has trained thousands of professional and nonprofessional caregivers in Hospice and Palliative Care.

**Dr. Coyle** is Director of Human Relations and Outreach at Iowa Cremation.



# STAFF DEVELOPMENT & AWARENESS TRAINING



**FREE**, professional training for Iowa health care professionals working in hospice and palliative care

# **FREE WORKSHOPS**

#### **COMPASSION FATIGUE**

Day in, day out, fellow associates wrestle to function in care giving environments that constantly present heart wrenching, emotional challenges. Combined with the strain and stress of everyday life, we can be overwhelmed.

#### BUILDING STRONGER RELATIONSHIPS WITH POSITIVE ENERGY

The importance of positivity builds stronger relationships in the workplace.

Dr. Coyle's workshops are engaging, fun, and interactive!



#### **CONFLICT RESOLUTION**

85% of conflict is a misunderstanding. This training will focus on a win/win solution in resolving conflict by learning and implementing mutual respect and teamwork.

#### TRAUMA IN THE WORKPLACE

Understanding the effects of trauma and how it impacts the workplace is essential in care giving.

#### COPING WITH THE HOLIDAYS

The holidays are always difficult to navigate while experiencing or recovering from traumatic loss. Coping skills are an important tool for holiday survival.

#### UNDERSTANDING AND RESPONDING TO STRESS

Throughout our career and personal life we will encounter many anxiety-provoking events and circumstances. This workshop is designed to understand, identify, and manage stress.

#### UNDERSTANDING NON-VERBAL COMMUNICATION

Studies have shown that the communication process has been broken down to 7% spoken word, 38% voice tone and intonation, and 55% nonverbal. We live in a world dependent upon words from social media, texts, and emails, which means there is a 93% chance of being misunderstood.

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